



# Study of life skills based on the verses of the textbook of Holy Quran

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## ABSTRACT

The purpose of this study was to explain the scientific skills of life skills and their application based on verses and narrations. In this research, the most important individual and social skills that human beings in everyday life are dealing with is the most discussed. The method used in the descriptive-analytic research. In this research, ten skills of empathy self-awareness, effective communication of interpersonal relationships, decision-making skills, ability to solve the problem of expressing the existence of emotional control, and the excitements of creative thinking and critical thinking have been considered. The use of Quranic verses as the most important sciences and guide and narrations Expressed to enhance and improve life skills. Also, the use of some examples of skills in the Imams has been expressed. The 14 verses of the verses discussed in this study are mentioned in the Qur'anic textbook of the eighth verse and have been used as a complement to other verses. Findings and Conclusions: Human is the manifestation of the divine creation, and the praise and praise of the Lord for himself because of the creation of man is important and praiseworthy. Since the ability to evolve in this creature must surely be the path to its perfection. That is, his perfection and the means of achieving that perfection will be appreciated to him. The Qur'an is the book of guidance and guidance of mankind to the peaks of perfection, and the originator of this purpose has stated the fulfillment of his mission as the work of the worshiper. Although paying attention to the worshipers is the duty of all human beings, but it is worthy of the teachers who themselves are propagandists of the religion of Islam, first The Holy Qur'an itself, and especially the moral verses, are embodied in it, and then they will fulfill their mission of propagating and promoting the Book of Allah

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## 1. Introduction

Many failures and dissatisfaction in life are due to lack of management skills. Those who do not know the skill of living, are unhappy with their lives. One of the important concerns of a life-satisfying religion, and one of its missions, is to teach people how to live their followers because of the important place of life's satisfaction in spiritual evolution. Religious practices are a mixture of cognitive, emotional and behavioral practices. Both the material needs and the spiritual need. Then it involves cognition and rationality, then emotion and behavior. Therefore, the theory of real religion is one that addresses all aspects of human needs and identifies the way of satisfying and correct answers to all of them.

It is here that he again addresses the genuine human concerns and seeks the answer to why this life is. An answer that a person himself does not know and can not achieve and the best reason for this claim is human history "from the past to the present." The "human identity crisis" has become more intense in the era of science and technology and technology, and this trend continues: suicides, mental illness, anxieties, family collapse, interruptions of communication, recreation Imaginary and unethical issues, etc. Life is complex and mysterious; and to succeed in life, one has to learn "life skills". How good it is that, in this way, we do not consider ourselves of the fruitful teachings of the Holy Quran as the most complete guidance book. "These verses are the Wisdom of the Book (the Good and All-Strong Book)! It is the guidance and mercy of the benefactors" (Surah al-Loghman, verses 2 and 3, Textbook of the Qur'anic teaching of the eighth chapter, p. 73).

The acquisition of life skills should be started from the early age of life and from the family, and then strengthened at school. On the other hand, the Qur'anic and Ahlul-Bayt treasures are endless and rich treasures that everyone can reach the life of Tayyip by seeking it. The subtleties of the Qur'anic concepts as a virtuous science, conductor and empowerment must be explained to the proper education of children, in order to achieve the happy life of the world and the Hereafter.

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### ***1.1. Linguistic and linguistic meanings of life skills***

The word "skill" from the article "Mehr" means "skilfulness in the work", "mastery" and "skill" (Moin, 2010). The relation between the substance of "relevance" means "closing" and "firm" Is ". "We have strengthened their hearts ..." (Kahf (18), verse 14). Relationship also means "commitment", "relation", "conjunction of both sides", and "relationship, communication" It means "connection and continuity" (Seyyah2009).

"Communication" has different meanings for different individuals. The word communication is derived from the word "communicare". The term in Latin means to publicize or, in other words, to be exposed to the public, that is, a concept that has come from within and has been made and transmitted among others. Therefore, communication, some concepts, thoughts and

meanings, or, in other words, broadens messages to others or among the public (Cultural, 1995).

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## **2. Research Method**

The method used in the research is descriptive-analytic. In this research, ten skills of self-awareness, empathy, effective communication, interpersonal relationships, decision-making skills, ability to solve problems, expressing oneself, controlling feelings and emotions, creative thinking and critical thinking have been considered. The use of Quranic verses as important The most abundant science of guidance and narration is for the acquisition, enhancement and improvement of life skills. Also, the use of some of the skills in the family of the Imams (AS) has been stated. The 14 verses of the verses discussed in this study are mentioned in the Qur'anic textbook of the eighth verse and have been used as a complement to other verses.

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## **3. Findings**

Life skills are a set of which awareness and utilization enable a person to better deal with life issues and can do the best in different situations. Life skills are mainly: self-awareness skills; empathy skills; effective communication skills; interpersonal relationships; decision skills; problem solving ability; assertiveness skills; emotional control control; creative thinking and critical thinking. In the following, we will explain their scientific explanation and their relationship with the verses of the Holy Qur'an.

### ***3.1. Self-knowledge skill with religious look***

Self-awareness means recognizing a set of psychological, social, emotional and physical aspects of an individual that includes individual assessment of oneself and abilities and obstacles and personal deficiencies (Amiri, 2009). Human beings are struggling to achieve their goals, but among others, it is more successful to take advantage of the facilities around them, and the basic condition for better use of facilities, awareness and recognition of them more. On the one hand, humans share common goals and values, and on the other hand, in some cases, they have the needs, feelings, talents and abilities, in other words, the strengths and weaknesses that each one distinguishes from others Differently. Therefore, people on the path to life will succeed in identifying both common items with others and their own unique features.

Self-awareness or self-knowledge is the perception and cognition that a person finds himself; his clear picture of the attributes, values, attitudes, interests, needs, and everything related to him (Alawi Gonabadi, 2009).

### ***3.2. Empathy Skills with a Religious View***

Empathy means that one can understand the lives of others even when they are not in that condition. Empathy helps the person to accept and respect other human beings, even when they are different. Empathy improves social relations and leads to the creation of supportive and accepting behaviors toward other human beings. This skill makes it easy to focus on others and to love them, and to become ourselves as well as to love others and to get closer

together by building better social relationships. "Empathy Skill" is the ability to understand and treat others. Religious doctrines have been emphasized not only in empathy, but also in furtherance of co-operation. The importance of paying attention to others and understanding their conditions in these teachings is such that everyone is as much as possible capable of dealing with others; and the empathy that is nowadays as one of the essential skills It is a kind of religious cooperation. In this culture, the perfection and happiness of each human being are tied to this co-operation (Alavi Gonabadi, 2010).

### ***3.3. Effective communication skills***

Effective communication skills teach us how to actively listen to their speeches and how to make others aware of their feelings and needs, so that they will be satisfied with the other party's attainment of their wishes. For effective communication It means that man acts in a way and communicates with others that without stress, anxiety and stress can fully express his desires and draw the trust of the other side (the site of Quranic life skills - Islamic propaganda organization ) Human being is a social being and lives side by side, social relationships are important issues whose success requires communication skills. Social relations should not be considered simple. An important part of life's failure is the failure of social relationships. One who can not establish a proper and logical relationship with others will experience many tensions, problems, but also many crises that affect his entire life. It will have an effect on her dissatisfaction and frustration. In the workplace, they can not establish a healthy and successful relationship with their managers, colleagues and their subordinates. Hence, it is constantly tense and anxious and always suffers from psychological stress. The same will have a negative effect on his / her social position and his / her business (Sweetade, 2011).

The researchers, inspired by the book and the tradition and the reason for reason, consider the principle of human life as socialism, and believe that human being is a social being and only in the shadow of the community can achieve its high goals. It's easier to solve your problems and get better at bosom. They believe that separation and isolation are compatible not with human nature, nor with the spirit of the teachings of Islam.

Islam does not regard the relationship of Muslims to one another, but as a relationship of brotherhood, which is the closest emotional relationship of two human beings to each other on the basis of equality and equality. Obviously, proud brothers can never be far from each other and unknowingly live together, they will surely be close to each other with this emotional bond (Sweet, 2011). Elsewhere, Allah Almighty says: "O believers! Trust in others, and persevere with others, and interact with each other, and be in charge of Allah to prosper." (Surah Al Imran, verse 200).

### **3.4. Interpersonal skills skills**

A skill that, while enhancing the spirit of participation, creates the positive and effective interpersonal relationships with other human beings. One of these is the ability to create friendly relationships that play a very important role in mental and social well-being, family-friendly relationships as an important source of healthy social relationships. Interpersonal skills relating to the relationship between the individual and the individual, the individual with the group, Group with group and the like. Some scholars argue that communication begins with oneself (Sharafi, 2011).

The concept of this expression is the effect of communicating with oneself (on the individual) on communication with others (interspecies), because when one becomes aware of his capabilities and shortcomings and he has a reasonable relationship with himself He will find the expectations appropriate to his possibilities, which will succeed in achieving a good human communication with others (Sharafi, 2011).

One of the realms of holiness and intimacy is "friends". The friend pulls out of her loneliness and gives life to life. The human need for humankind and intimacy is not provided by any other factor. Every need has its own supplier. The need for humankind and intimacy is nothing but the need for wealth and well-being; therefore, this part of human need, even with many possibilities, is not satisfied. One of the pleasures of life is socializing with friends. Those who have a healthy and constructive relationship with their friends have a greater sense of life. Of course, the main principle in relationships with others is the "consistency" of individuals. Imam Sadiq (AS) says: "A believer finds comfort in his beloved brother, as the bird finds its comfort in its own way" (ibid.).

The criterion of interpersonal, familial and social relations is from the Qur'anic point of view. Even parents, brothers and sisters, family members and others. And Islam always focuses on social and interpersonal relationships. As emphasized in verse 27 of Surah al-Nour, let no one enter anyone's house, and salute the small and great ones after the permission of the inhabitants to enter it, and in the verses The next is the shame and disdain among people, pointing to healthy relationships with relaxation and expansion by learning and applying these skills in life.

The Prophet (peace be upon him) says: "The best believers are the one who is the centerpiece of the believers, there is no good in anyone who does not hang out with others, and others will not be well acquainted with him." (Sura of Contention, verse 22).

And they also said: "Go visit each other; Seize one another and forgive one another ..." (Surah al-Quraish, verse 22).

Therefore, an important part of the success of life should be sought in successful relationships. Without a successful relationship, you can not have a happy and happy life. Today communication devices have become much widespread, but people can not reach their hearts. The phenomenon of "proximity without the intimacy" is a feature of today's societies, and we have not achieved much success in developing social relations. So today, one of the necessities of our society is the teaching of communication skills (ibid., P. 192).

In the realm of human communication and the underlying axes, there are definite and definite criteria, which give people confidence and tranquility because belief in the proper conduct leads to the strengthening, continuity and deepening of that behavior.

The skills of the people, the skills of dating and listening skills are all kinds of human communication. God has said in the Qur'an: "Certainly I am the Prophet of Almighty for you." Therefore, obey Allah and obey me! \* I do not demand any rewards from you for this invitation; my reward and reward only for the Lord The worlds. "(Surah al-Shaara, verses 125-127., Textbook for the teaching of the Koran of the eighth floor, p. 35).

In the interpretation of these verses it is stated: Divine reverence is the basis for obeying the prophets and religious leaders, and the divine prophets have the right to worship and obey the people. God is the guarantor of the rewards of the guidance and the precursors of the religion, and only God deserves reward for him, not the creation of necessity and weakness. (Hashemi Rafsanjani and a group of scholars, 2002).

In the words of the Prophet (s), there are some listening skills. One of the Prophets said: "It is a young man who the brother is listening to his brother's words." (Surah Farukhan, verses 27-29). Based on this prophetic hadith, when we listen to the words of our opponent, we respect his personality and we are obliged to keep his goodness in order to maintain and recite it (Surah al-Furqān, verses 27-29).

### **3.5. Decision-making skills**

Decision-making skills are referred to as the set of actions that help individuals to collect and accurately assess and analyze information, make appropriate and efficient decisions. (Surah Farghan, Verses 27-29).

Teaching this skill in individuals leads to self-motivated growth and enables them to make an informed decision about issues and difficult and critical situations. Since all people are forced to make many decisions about their own issues, if they know that any decision they make has consequences and consequences, they will see that failure to make a decision will have the same consequences. For this reason, they are convinced that it is better to gather information after the decision is made using existing information and knowledge and using the decision-making process, and after evaluating the information and checking the options Available, taking into account their realistic goals, chooses the right solution. In the event of a mistake or lack of access to the goal, they will evaluate the information and review them and ultimately make the right choice.

Allah says in the Quran: Talk to them in the works! But when you make a decision, be strong and trust in Allah! For God loves those who follow them. "(Surah Al-Imran, verse 159).

This ability helps the person to more effectively decide on a variety of issues such as choosing a friend, choosing a job, choosing a spouse, etc. If children and adolescents can actively decide on their actions and examine different aspects of the choice and evaluate the consequences of any choice, they will surely be at

higher levels of mental health. The Holy Quran introduces the "heart" as the center of human decision making, and states: "What is in the heavens and on earth is from Allah. And if you reveal what you have in your heart, or reveal it, God will calculate it according to it. Then He will give to whom He will (and deserves); He will punish whom He wills (and deserves). And God has power over everything." (Surah Baqara, verse 284).

Therefore, it is desirable in every decision; if what we have in our heart is not acceptable to God, we pass it and purify the heart from what is evil, and make decisions that are godly, even if you decide to look at one or a letter Or take one step.

### **3.6. Skill problem solving ability**

The problem-solving skill is a logical and systematic way of thinking that helps one to find solutions to problems when it comes to problems and then to choose the best ones. (Amiri, 2010, ). Problem-solving skills give us the ability to walk and solve the problem by taking into account their practical experiences and mental abilities. This ability also enables the individual to solve problems more effectively. The important issues of life remain unsolved if they remain unresolved, creating mental stress that leads to physical pressure.

There are problems and hardships in the traditional human life that the creator of existence has founded. According to this divine tradition, the fate of all human beings is tangled in how they are exposed to their problems of life. God in the Quran says: "Did you suppose that you enter Paradise, without incidents like the events of your forefathers? ?? And when the troubles and discomforts came to them, they became so upset that the Prophet (PBUH) and those who believed said: "Then what will the help of Allah come to?" (At this time, asking for help from him And they were told :) Beware, God's help is near. "(Surah Baqara, verse 214).

The past has passed very difficult examinations; others will have such tests in their evolutionary direction (Alawi Gonabadi, 2010). How to deal with many of these tests, managing them and ultimately success in them is the solution to the problem or problem. God says in the Qur'an: "Did people think that they would say, "We believe ", they will be left free and will not be tested? \* We tested the people who were before them (and we also try them); God's knowledge of those who speak righteousness and those who are lying must be fulfilled." (Surah al-Anbab, verses 2 and 3, the textbook of the Koran teaching of the eighth grade, p. 60).

Now that problems and problems have merged with human life, it must be admitted that, firstly, worldly affairs and trials are inexhaustible; and, secondly, every challenge and test has solutions or solutions. In fact, every day that passes through human life, pages of his test sheets are echoed. The day's agenda includes hard and easy issues that should be addressed throughout the day. Disregard for this fact has led many people to see themselves in an impasse in various stages of life and to be discouraged, but the fact is that if these people benefit more from their creativity and experience than others Taking more skillful knowledge, were out of imaginary impasse because, according to religious teachings, man is never in a state of impasse.

The problem-solving skill gives us the ability to find answers to each other, with the level of knowledge, mental abilities, and effort we can find and choose from among them ( Alawi Gonabadi, 2010).

It should be noted that, according to religious teachings, the desirable situation in solving a problem does not necessarily mean the achievement of one's own desire in any problem or problem; it is the best exposure and reaction to that problem. In other words, a desirable situation is the situation that is desirable to God of excellence, which may sometimes be different from the will of man.

### **3.7. Expression skill**

Self-expression skills express the ability to express oneself and individual rights explicitly and explicitly without violating the rights of others. It is easier to achieve personal goals by expressing feelings and desires (Amiri, 2010).

Some psychologists have defined expressiveness skills as follows: "Expression is a skill that enables us to stand on our feet without anxiety; express our emotions with honesty and comfort; And without losing the rights of others, we will have our own right "(Salehi, 2016).

Self-expression, with respect and attention to the will of others, can be defended with the dare of your right and your will, and do not let your misery go away or you will be reluctant to do something. People who have difficulty in this regard can not defend their rights and their desires properly or speak their feelings. (Salehi, 2016).

Self-expression is often confused with the features of the militancy, the negative, and the opposing mechanism. Some steadfast people oppose and illegally want to behave contrary to the wishes and circumstances of others. These people not only do not express themselves; they have problems in self-esteem and self esteem. Hence, they act flawlessly and misplacedly to show their determination, ability, and self-esteem to others.

### **3.8. Skill control emotions and emotions**

The set of actions that individuals are trying to promote social and psychological adjustment, increasing self-esteem, social communication, the development of individual abilities in resolving tensions and problems, and increasing the tolerance of failures to prevent injuries such as addiction, suicide And so on, under the title of controlling emotions and emotions and managing stress. This ability enables a person to recognize emotions in oneself and others, how to influence the excitement on behavior, and to be able to respond appropriately to different excitements. If emotionally, like sadness, anger or anxiety is not properly addressed, this excitement will have a negative impact on physical and mental health and will have negative consequences for health. Fears, anxieties, anger, embarrassment, sadness, grief, loss, failure, and total imbalances, if not properly addressed, There are numerous and complex problems. The repetition of negative emotions causes the psychological adjustment and balance of the person to be severely disrupted, and by abandoning the main activities, he loses many of the advancements and successes and only feels himself uncomfortable with unfulfilled issues. . The more intense the emotions are, the more people get away from the healthy ones, and eventually lose their confidence, and less likely to succeed in dealing with the issues. Knowing this skill and practice will make people In response to emotions and emotions, it has been guided and supported to a better level of self-esteem and ultimately to better determine and maintain its health by better adaptation to its environment (Amiri, 2010).

### 3.9. Creative creativity and creative thinking

Creative thinking is a combination of the power of initiative, flexibility, and sensitivity to theories that enable the learner to think of the ordinary and the usual, to different and productive results, the results of which are personal and social satisfaction. Creativity is one of the few topics in which there is little agreement on the definition and nature of it. A group of psychologists consider the basis and the core of creative activities to be novel and novel, and some believe that a set of specific abilities and attributes should be present in the person that leads to creative thinking. (Amiri, 2012). Some thinkers in the definition of creativity have said that a process is a mental process that requires the creation of new ideas or a new integration of existing ideas. From the scientific point of view, the achievements of creative thinking, sometimes attributable to divergent thinking, are more often characterized by the two features of "originality" and "propriety". Creativity is an attribute of divine attributes, and the creative thinking skill goes back to the divine wisdom that helps us to make decisions and solve problems; that is, a solution outside of the world of experiences flows into our minds. (Sharafi, 2013). Allah says in the Qur'an: "The clear proofs from your Lord came to you; whoever sees (by it) the right to see Him is for His own benefit; and whoever disregards it will be in His own harm; And I am not your guardian (and I do not force you to accept the faith). " And also in the Qur'an it says: "; surely, your Lord is the Creator of the Knowledge!" (Surah al-Anām, verse 104).

So whoever returns to his principle and finds the soul of his God will surely have a creative thinking like his God.

An important point is the inclusion of discovery in creativity, which means that creativity is through exploration, not through the application of the law that passes the clear path to the answer. Creativity is the ability to solve problems that people have not already been able to solve and this is something that must be considered from a variety of dimensions, especially social dimension, because attention to creativity without regard to the social environment and the one-dimensional focus, Not explanation.

Therefore, creativity is a set of individual, environmental, and cultural factors that interact with each other, and although it has a complex concept, the creativity itself is lacking in complexity and is repeated in daily life, and accordingly Cultivate and develop. There are many factors in the formation of creativity that mental abilities are highlighted in terms of general intelligence, intelligence, creative thinking and specific creative talent, family and environment, and the role of educational factors. The main obstacles can be examined in two categories: external factors and internal factors. Creativity and creative thinking can be trained by using modern and innovative methods so that individuals can be equipped with this skill to solve difficult problems by combining two problem-solving skills and decision-making skills, new results in life and in life (Amiri, 2012).

### 3.10. Critical thinking skills

It is a reflection of how the evidence, the reasons, and the evidence, accuracy, accuracy and value of the information are reviewed and concluded. Using this skill, one can think critically about the dimensions of his life and others. This skill A cognitive, active, purposeful and organized process by which one can examine existing information, including opinions, beliefs, beliefs of others and themselves, articles, videos, new products and even scientific research, and In proportion to them. The acquisition of this skill teaches us to simply not accept or refuse anything. First, we ask and argue about that, then accept or reject. Those who have a critical thinking do not eat the deceit of others and can not easily be recruited from groups, individuals and ... because they always think of it by questioning (Amiri, 2010).

Thinking involves various and different aspects, such as critical thinking, creative thinking, rational thinking, and so on. In the definition of critical thinking, critical thinking is the process of mental analysis of information, especially words or propositions that people think of the truth. In this process, we examine the causes and factors that give rise to such remarks and judgments (Sharafi, 2011).

This skill has the components that are named as four components.

The first component of critical thinking skills is active thinking that requires intelligence, knowledge and ability to deal effectively with the situations of life. The second component is the careful examination of situations by asking questions to find out what ideas, ideas, ideas and relationships exist and the criteria and standards for decision making. The third component of critical thinking skills is the careful examination of the main sources of thoughts, beliefs, and evaluations of their credibility, which is usually examined by asking themselves and others without rejecting or verifying their views and opinions, their sources and their validity. Fourth, observing situations from different perspectives and examining their causes and evidences. Finding out situations and listening to the reasons for accepting comments and the flexibility to modify existing ideas helps in a more complete and deeper understanding of the

situations of life. In fact, in this skill, the ability to "view positions" and "examine the causes and evidence of different opinions" is the fourth component of skill. Recognizing and practicing this skill helps people in dealing with situations And phenomena, review the situation, its reasons and citations, and after evaluation, modify or change it and have the ability to change different situations and has no thinking, ideas, and relationships Has not been documented without reason, and by asking different questions, he has gained a deeper understanding of the issues that ultimately leads to more people's success in life (Amiri, 2010).

## 4. Discussion and Conclusion

In the Qur'an, Allah says in various verses that this great book has been revealed to guide mankind, and also in many verses, it expresses the attributes of the believers. As it says: "Undoubtedly, this Qur'an guides the most righteous religion." (Sura al-Asra, verse 9).

The emphasis placed in the first verse, the word of omniyah, and its literary and rhetorical structure, expresses itself to be the most expressive statement that the only comprehensive and complete guide to achieving all perfection and prosperity in the world and the Hereafter is the Quran. .

Every human being has concerns in his or her life to achieve his goals; for example, I do not want to be weak, driftless, loose, insensitive, irresponsible and unsuccessful, I do not want anxiety and depression; I do not want I'm bankrupt, I'd love to grow up infinitely. I want to be personally, prominent, balanced, logical, brilliant, responsible, strong, healthy and calm and lovely, and have a family life warm and warm, warm and romantic, I have a satisfactory living and

communication environment. Socially, with the success of a job with an effective and influential job, a great inner calm and success in all parts of life, I will give others hope, vitality, health and success, and give them like rain and life. And life and spirituality and intimacy. I want to have the closest and closest possible relationship to my God with my creator, to be full of pleasure and spirituality, and to end up with infinity, and from all locks and prisons. And the limitations and everything that puts me at risk, I'll get rid of and be infinite ... (Jawali, 2013).

The first and foremost obstacle to achieving any desire - and, for example, a desirable life, lack of comprehensive and practical information. That is, about the purpose and desirability of the above; or at all, we do not know and do not have information; our knowledge is false and incorrect; our information is incomplete and insufficient; or what we know is not practical or practical. Despite each of these barriers, we will deprive ourselves of the desirable merit of achieving. It is impossible to obtain what we do not know "what and how to get it". Therefore, the first and most important step for success in life is to achieve a correct, comprehensive, complete and practical understanding of the person, life, skills, goals of life, promotion of quality of life and how it is. As a result, our most important need is to achieve a balanced and transcendental map of life (Jawali, 2014).

Some of the people who have been able to change their lives by the Qur'an are those who are apparently in an ideal position that many people desire; a prosperous life with great social

success, outstanding academic standing, and fame. Wealth, proper job position, some of whom were from prominent Christian celebrities such as American journalist Amina Eslami, the head of the international Muslim women's womank after Islam. The Qur'an created a transformation in their souls and hearts that they were pulled out of all their hands and entered into another space. Now, the answer to this question is: is this Qur'an that is so influential the same Qur'an that we refer to, kiss it, buy for marriage, read in the termination ceremony? ..?! If so, what is the reason for the lack of influence of the Qur'an in our existence and our life? How effective is the Quran in our life? Does the removal of this book have a significant effect on our lives?

To start a transformation, in the first step we must see what the book is about the Quran? What does it say and what? The eyes should be washed, the other must be seen; yes, we must correct our vision of this book. At the beginning of creation, man is ultimately postal, but has evolutionary ability. The same Holy Qur'an says: "Then we chopped that sperm, then we cut that rod into pieces of meat, then we made it a piece of meat, and covered the meat with bones, then he We created it with another creation; therefore, it is always beneficial and grateful to Allah, who is the most virtuous of the creators "(Surah Mu'minon, verse 12-14, Textbook of the Qur'anic teaching of the eighth chapter, p. 12).

Man is the manifestation of divine creation, and praise and praise from the Lord is due to the creation of man, which is very important and praiseworthy. Since the ability to evolve into this creature, it is imperative that the path to the perfection be determined to him. (le, his perfection and the means to achieve that perfection). (Hashemi Rafsanjani and a group of scholars, 2002).

It is hoped that more attention and reflection on the Qur'an will pave the way for our view of the Qur'an and bring about change in our life and our blessings. The Qur'an is the book of guidance and guidance of mankind to the peaks of perfection, and the source of this purpose has stated its fulfillment of the mission of the Prophet (PBUH), although paying attention to the worshipers is the duty of all human beings, but it is worthy of the teachers who themselves propagandists of religion represent Islam First of all, the Holy Qur'an itself, and especially the moral verses, are embodied in it, and then they will pay for their mission, which is the promotion and promotion of the Book of God.

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